

# November Menu 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
AM Snack		Vanilla Yogurt & Fruit Milk	Cheerios Milk	Pancakes & Syrup Milk	Bagels & Cream Cheese Milk
Lunch		Pancakes, turkey sausage, tater tots, fruit & milk	Chicken parmesan, green beans, fruit & milk	Sunbutter & jelly sandwich, corn, fruit & milk	Chef's Choice
PM Snack		Apple Slices & Sunbutter Water	Crackers & Cheese Cubes Water	Animal Crackers & Strawberry Cream Cheese Water	Snack Mix Water
	7	8	9	10	11
AM Snack	Mini Muffins Milk	Waffles & Syrup Milk	Ceral Bars Milk	Cinnamon Swirl Bread & Cream Cheese Milk	
Lunch	Spaghetti w/ marinara, green beans, garlic bread, fruit & milk	Bosco stick, potato wedges, fruit & milk	Vegetarian chili, corn, fruit & milk	Cheeseburger, french fries, fruit & milk	<b>CLOSED</b>
PM Snack	Goldfish Crackers & Craisins Water	Chewy Granola Bars Water	Fig Newtons Water	Soft Pretzels & Cheese Sauce Water	
	14	15	16	17	18
AM Snack	Cereal Bars Milk	Vanilla Yogurt & Fruit Milk	Cheerios Milk	Pancakes & Syrup Milk	Bagels & Cream Cheese Milk
Lunch	Macaroni & cheese, peas, fruit & milk	Beef taco, corn, fruit & milk	Beef vegetable stew, mashed potatoes, fruit & milk	Turkey sandwich, vegetable soup, fruit & milk	Chef's Choice
PM Snack	Tortilla Chips & Cheese Sauce Water	Apple Slices & Sunbutter Water	Crackers & Cheese Cubes Water	Animal Crackers & Strawberry Cream Cheese Water	Snack Mix Water
	21	22	23	24	25
AM Snack	Cherrios Milk	Cinnamon Swirl Bread & Cream Cheese Milk	Peaches & Graham Crackers Milk		
Lunch	Chicken slider, tater tots, fruit & milk	Refried bean & cheese burrito, corn, fruit & milk	Chicken nuggets, corn, fruit & milk	<b>CLOSED</b>	<b>CLOSED</b>
PM Snack	Goldfish Crackers & Craisins Water	Chewy Granola Bars Water	Fig Newtons Water		
	28	29	30		
AM Snack	Mini Muffins Milk	Vanilla Yogurt & Fruit Milk	Cheerios Milk		
Lunch	French toast, turkey sausage, hashbrown, fruit & milk	Beef nachos, corn, fruit & milk	Chili mac, green beans, fruit & milk		
PM Snack	Tortilla Chips & Cheese Sauce Water	Apple Slices & Sunbutter Water	Crackers & Cheese Cubes Water		