



October 2021 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1
AM Snack					Assorted Breakfast Milk
Lunch					Vegetable Lasagna Garlic Bread Peaches
PM Snack					Cookies & Gogurt
	4	5	6	7	8
AM Snack	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk
Lunch	Chicken Taquitos Mixed Vegetable Medley Apples	Grilled Chicken Ciabatta Rolls Carrots Pears	Chef's Choice	Grilled Cheese Sandwich Creamy Tomato Soup Apples	Chili Macaroni & Cheese Broccoli Florets Peaches
PM Snack	Soft Pretzel & Cheese	Chips and Salsa	Cucumbers and Ranch	Cinn Pita Chips and Cream Chesse Dip	Apples & Caramel Dip
	11	12	13	14	15
AM Snack	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk
Lunch	Chicken Tenders w/ Sweet & Sour Sauce Peas Apples	Rotini w/ Marinara Sauce Mixed Vegetable Medley Pears	Chef's Choice	Waffle Sticks w/ Syrup Turkey Sausage Strawberries & Bananas	Cheese Quesadilla Spanish Rice Corn Mandarin Oranges
PM Snack	Yogurt and Fruit	Popcorn Party Mix	Bagels and Cream Cheese	Pepperoni and Goldfish	Chips and Nacho Cheese
	18	19	20	21	22
AM Snack	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk
Lunch	Cheese Pizza Mixed Vegetable Medley Mandarin Oranges	Mini Tacos Black Beans & Corn Pears	Chef's Choice	Ham & Swiss Wraps Broccoli Florets Apples	Chicken Sliders Peas & Carrots Pears
PM Snack	Chips and Guac	Chex Mix and Fruit	Crackers and Sunbutter	Lemon Cake and Fruit	Cookies & Gogurt
	25	26	27	28	29
AM Snack	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk	Assorted Breakfast Milk
Lunch	Cheese Croissant Turkey Sausage Fresh Fruit Salad	Popcorn Chicken w/ Ketchup Corn Mandarin Oranges	Chef's Choice	Cheese Tortellini Green Beans Mandarin Oranges	Turkey & Cheese Sandwich Veggie Straws Apples
PM Snack	Chips and Guac	Chex Mix and Fruit	Crackers and Sunbutter	Lemon Cake and Fruit	Cookies & Gogurt