



# January 2021 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
AM Snack	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal
Lunch	French Toast Sticks Tator Tots Fruit and Milk	Chicken Alfredo Broccoli Fruit and Milk	Chicken and Quinoa Casserole Peas Fruit and Milk	Bean and Cheese Buritto Corn Fruit and Milk	Pizza Friday Carrots Fruit & Milk
PM Snack	Fruit Snacks and Fruit Cups	Bagels & Cream Cheese	Carrots w/ Hummus	Crackers and Cheese Cubes	Cookies & Gogurt
	11	12	13	14	15
AM Snack	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal
Lunch	Chicken Nuggets Fries Fruit and Milk	Taco Tuesday Corn Fruit and Milk	Spaghetti w/ Meatballs Garlic Bread Green Beans Fruit and Milk	Ham and Cheese Sandwiches Carrots and Ranch Fruit and Milk	Hot Dogs Corn Fruit and Milk
PM Snack	Soft Pretzel & Cheese	Chips and Salsa	Cucumbers and Ranch	Cinn Pita Chips and Cream Chesse Dip	Apples & Caramel Dip
	18	19	20	21	22
AM Snack	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal
Lunch	Veggie Burger Sweet Potato Fries Fruit and Milk	Mac and Cheese Broccoli Fruit and Milk	Sunbutter and Jelly Sandwiches Carrots Fruit and Milk	Tofu and Rice Corn Fruit and Milk	Pesto Pizza Peas Fruit and Milk
PM Snack	Yogurt and Fruit	Popcorn Party Mix	Bagels and Cream Cheese	Pepperoni and Goldfish	Chips and Nacho Cheese
	25	26	27	28	29
AM Snack	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal	Muffins, Granola, or Cereal
Lunch	Turkey Wraps Cucumbers Fruit and Milk	Grilled Cheese Tomato Soup Fruit and Milk	Bosco Sticks Carrots Fruit and Milk	Cheese Quesadilla Green Beans Fruit and Milk	Fish Sticks Green Beans Fruit and Milk
PM Snack	Chips and Guac	Chex Mix and Fruit	Crackers and Sunbutter	Lemon Cake and Fruit	Cookies & Gogurt
AM Snack					
Lunch					
PM Snack					