

January 2021 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
AM Snack	Fruit Loops, Graham Crackers, or Nutrigrain Bar	Blueberry Muffin, Apples, or Nutrigrain Bar	Cinnamon Toast Crunch Bar, Banana, or Nutrigrain Bar	Plain Bagel, Cream Cheese, Apples, or Nutrigrain Bar	Belvita Bar, Graham Crackers, or Nutrigrain Bar
PM Snack	Animal Crackers & Jell-O	Chex Mix & Raisins	Pringles & Berry Applesauce	Rice Krispy Treat & Yogurt	Goldfish & Bananas
	11	12	13	14	15--Drop In Day
AM Snack	Pound Cake, Fruit Cup, or Nutrigrain Bar	Bagel Chips, Graham Crackers, or Nutrigrain Bar	Frosted Flakes, Banana, or Nutrigrain Bar	Apple Cinnamon Muffin, Fruit Cup, or Nutrigrain Bar	Poptarts, Banana, or Nutrigrain Bar
PM Snack	Pretzels & Applesauce	Vanilla Wafers & Pudding	White Cheddar Popcorn & Apples	Cheese Its & String Cheese	Baked Cheetos & Fruit Snacks
	18--Drop In Day	19	20	21	22
AM Snack	Fruit Loops, Graham Crackers, or Nutrigrain Bar	Blueberry Muffin, Apples, or Nutrigrain Bar	Cinnamon Toast Crunch Bar, Banana, or Nutrigrain Bar	Plain Bagel, Cream Cheese, Apples, or Nutrigrain Bar	Belvita Bar, Graham Crackers, or Nutrigrain Bar
PM Snack	Animal Crackers & Jell-O	Chex Mix & Raisins	Pringles & Berry Applesauce	Rice Krispy Treat & Yogurt	Goldfish & Bananas
	25	26	27	28	29
AM Snack	Pound Cake, Fruit Cup, or Nutrigrain Bar	Bagel Chips, Graham Crackers, or Nutrigrain Bar	Frosted Flakes, Banana, or Nutrigrain Bar	Apple Cinnamon Muffin, Fruit Cup, or Nutrigrain Bar	Poptarts, Banana, or Nutrigrain Bar
PM Snack	Pretzels & Applesauce	Vanilla Wafers & Pudding	White Cheddar Popcorn & Apples	Cheese Its & String Cheese	Baked Cheetos & Fruit Snacks
	31				
AM Snack	Fruit Loops, Graham Crackers, or Nutrigrain Bar				
PM Snack	Animal Crackers & Jell-O				