



AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = 2 Yr Old Substitution

Meatless MONDAY		Taco TUESDAY		Chicken WEDNESDAY		Sammy THURSDAY		Fun FRIDAY
3		4		5		6		7
AM Snack	WG Blueberry Loaf, Pears, 1% Milk	WG Mini Bagel, Cream Cheese, fruit, 1% Milk		WG Cereal Oatmeal Bar, fruit, 1% Milk		WG French Toast Sticks, mixed berries, 1% Milk		Chef's Choice Day
Lunch	MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk		WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk		Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk		Chef's Choice Day
PM Snack	Frozen Fruit Push Pop, Water	Strawberry Yogurt, graham crackers, water		Cucumber Slices, Hummus, Water - Diced Cucumber		Mozzarella String Cheese, Ritz crackers Water -		Chef's Choice Day
10		11		12		13		14
AM Snack	WG Waffle, mixed berries 1% Milk	WG Cereal, fruit, 1% Milk		Yogurt, mangoes, 1% Milk,		WG Banana Loaf, strawberry slices 1% Milk		Chef's Choice Day
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk	Chicken Taco , Diced Mango, Corn, 1% Milk		WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk		Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk		Chef's Choice Day
PM Snack	WG Vanilla Graham Bears, peaches, Water	Fresh Apple Slices, graham crackers Water, Applesauce		Townhouse Crackers, American or Cheddar Cheese Slice, Water		Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices		Chef's Choice Day
17		18		19		20		21
AM Snack	WG Cereal, fruit 1% Milk	WG French Toast Sticks, mixed berries 1% Milk		WG Cereal Oatmeal Bar, fruit, 1% Milk		Yogurt, banana, 1% Milk		SCHOOL CLOSED
Lunch	Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk		Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% Milk		Sloppy Joe Sammy (Vegan Griller) , Mixed Veggies, Fruit Cocktail, 1% Milk		SCHOOL CLOSED
PM Snack	Watermelon Smoothie Bowl, Waffle graham, Water	WG Vanilla Graham Bears, pears, Water		Apple slices, Sunbutter, Water		Mozzarella String Cheese, Water Diced Mandarin Oranges		SCHOOL CLOSED
24		25		26		27		28
AM Snack	WG Apple Cinnamon Loaf, blueberries, 1% Milk	WG Cereal, 1/2 Banana, 1% Milk		WG Oatmeal Cereal Bar, 1% Milk		WG French Toast Sticks, 1% Milk		Chef's Choice Day
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk		BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk		Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk		Chef's Choice Day
PM Snack	WG Champ Bites, String Cheese, Water	Fresh Apple Slices, Sunbutter, Water - Applesauce		WG Soft Pretzel Rod, fruit Water - WG Vanilla Graham Bear		Carrots, Hummus, Water		Chef's Choice Day

