

# AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items   RED = Vegetarian Option   PURPLE = 2 Yr Old Substitution

| Meatless MONDAY |                                                                                                     | Taco TUESDAY                                                                          |                                                                                     | Chicken WEDNESDAY                                                                     |                   | Sammy THURSDAY |  | Fun FRIDAY |
|-----------------|-----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------|----------------|--|------------|
|                 | 3                                                                                                   | 4                                                                                     | 5                                                                                   | 6                                                                                     |                   |                |  | 7          |
| AM Snack        | WG Blueberry Loaf, Pears, 1% Milk                                                                   | WG Mini Bagel, Cream Cheese, fruit, 1% Milk                                           | WG Cereal Oatmeal Bar, fruit, 1% Milk                                               | WG French Toast Sticks, mixed berries, 1% Milk                                        | Chef's Choice Day |                |  |            |
| Lunch           | MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk                                                        | Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk | WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk  | Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk     | Chef's Choice Day |                |  |            |
| PM Snack        | Frozen Fruit Push Pop, Water                                                                        | Strawberry Yogurt, graham crackers, water                                             | Cucumber Slices, Hummus, Water - Diced Cucumber                                     | Mozzarella String Cheese, Ritz crackers Water -                                       | Chef's Choice Day |                |  |            |
|                 | 10                                                                                                  | 11                                                                                    | 12                                                                                  | 13                                                                                    |                   |                |  | 14         |
| AM Snack        | WG Waffle, mixed berries 1% Milk                                                                    | WG Cereal, fruit, 1% Milk                                                             | Yogurt, mangoes, 1% Milk,                                                           | WG Banana Loaf, strawberry slices 1% Milk                                             | SCHOOL CLOSED     |                |  |            |
| Lunch           | WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk                                              | Chicken Taco , Diced Mango, Corn, 1% Milk                                             | WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk               | Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk | SCHOOL CLOSED     |                |  |            |
| PM Snack        | WG Vanilla Graham Bears, peaches, Water                                                             | Fresh Apple Slices, graham crackers Water, Applesauce                                 | Townhouse Crackers, American or Cheddar Cheese Slice, Water                         | Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices                          | SCHOOL CLOSED     |                |  |            |
|                 | 17                                                                                                  | 18                                                                                    | 19                                                                                  | 20                                                                                    |                   |                |  | 21         |
| AM Snack        | WG Cereal, fruit 1% Milk                                                                            | WG French Toast Sticks, mixed berries 1% Milk                                         | WG Cereal Oatmeal Bar, fruit, 1% Milk                                               | Yogurt, banana, 1% Milk                                                               | Chef's Choice Day |                |  |            |
| Lunch           | Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk | WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk | Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% Milk | Sloppy Joe Sammy (Vegan Griller) , Mixed Veggies, Fruit Cocktail, 1% Milk             | Chef's Choice Day |                |  |            |
| PM Snack        | Watermelon Smoothie Bowl, Waffle graham, Water                                                      | WG Vanilla Graham Bears, pears, Water                                                 | Apple slices, Sunbutter, Water                                                      | Mozzarella String Cheese, Water Diced Mandarin Oranges                                | Chef's Choice Day |                |  |            |
|                 | 24                                                                                                  | 25                                                                                    | 26                                                                                  | 27                                                                                    |                   |                |  | 28         |
| AM Snack        | WG Apple Cinnamon Loaf, blueberries, 1% Milk                                                        | WG Cereal, 1/2 Banana, 1% Milk                                                        | WG Oatmeal Cereal Bar, fruit, 1% Milk                                               | WG French Toast Sticks, fruit, 1% Milk                                                | Chef's Choice Day |                |  |            |
| Lunch           | Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk                                     | WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk      | BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk   | Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk           | Chef's Choice Day |                |  |            |
| PM Snack        | WG Champ Bites, String Cheese, Water                                                                | Fresh Apple Slices, Sunbutter, Water - Applesauce                                     | WG Soft Pretzel Rod, fruit Water - WG Vanilla Graham Bear                           | Carrots, Hummus, Water                                                                | Chef's Choice Day |                |  |            |

