



# January Food Service Calendar

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative



	MON	TUES	WED	THURS	FRI	NOTES
	Dec. 29	Dec. 30	Dec. 31	1	2	Notes
Breakfast	WG Mini Bagel, Applebutter, 1% Milk - Whole Milk		WG Cereal Oatmeal Bar, Applesauce, 1% Milk - Whole Milk			
Lunch	Turkey Taco & Cheese on a WG Tortilla (Veggie Eggroll), Diced Peas, Green Beans, 1% Milk - Whole Milk		Diced Chicken Alfredo with WG Pasta (Vegan Crumbles), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	School Closed - Happy New Year	Chef's Choice	
PM Snack	Vanilla Wafers, Strawberry Yogurt, Water - Banana Snack Puffs		Cucumber Slices, Hummus, Water - Diced Cucumber			
	5	6	7	8	9	Notes
Breakfast	WG Pancake, Mixed Berries, 1% Milk - Whole Milk	WG Spooner Cereal, Strawberry Slices, 1% Milk - Whole Milk	Diced Mangoes, Yogurt, 1% Milk, Whole Milk	WG Banana Muffin, Blueberries, 1% Milk - Whole Milk		
Lunch	Pizza Max Stick with WG Breading (Mozzarella Cheese Pizza), Mixed Veggies, Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty on WG Bread (Vegetarian Griller), Diced Peaches, Corn, 1% Milk, Whole Milk	Sunbutter on WG Bread, Diced Carrots, Diced Peas, 1% Milk, Whole Milk, Cheese on WG Bread	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Chef's Choice	
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water		
	12	13	14	15	16	Notes
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, Berry Mix, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, WG Vanilla Graham Bears, 1% Milk, Whole Milk		
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyaki Sauce (WG Vegan Chicken Nuggets), Brown Rice, Corn, Mandarin Oranges, 1% Milk - Whole Milk	Beef or Turk Crumbles w/ Tomato Sauce & Cheese on a WG Bun (Vegan Crumbles), Applesauce, Green Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Chef's Choice	
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Apple Straws, Yogurt, WG Toasted Oats Water	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges		
	19	20	21	22	23	Notes
Breakfast		WG Toaste Oats Cereal, 1/2 Banana, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk	WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk		
Lunch	MLK Day - School Closed	Diced or Shredded Chicken with BBQ Sauce (Vegan Crumbles), Broccoli, Pineapple Tidbits, 1% Milk, Whole Milk	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Beef or Turkey Meatloaf (Vegetarian Griller), Diced Peaches, Mashed Potatoes, 1% Milk - Whole Milk	Chef's Choice	
PM Snack		WG Cheez Itz, Water	WG Soft Pretzel Rod, Applesauce, Water - Diced WG Soft Pretzel Rod	Diced Mandarin Oranges, Animal Crackers, Water		
	26	27	28	29	30	Notes
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, Berry Mix, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, WG Vanilla Graham Bears, 1% Milk, Whole Milk		
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyaki Sauce (WG Vegan Chicken Nuggets), Brown Rice, Corn, Mandarin Oranges, 1% Milk - Whole Milk	Beef or Turk Crumbles w/ Tomato Sauce & Cheese on a WG Bun (Vegan Crumbles), Applesauce, Green Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Chef's Choice	
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Apple Straws, Yogurt, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges		

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.



