



# Menu for September 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Cereal and milk <sup>1</sup>	Muffins and milk <sup>2</sup>	Brown Sugar Cinnamon Oatmeal and milk <sup>3</sup>	Cereal Bar and fruit <sup>4</sup>	Yogurt and fruit <sup>5</sup>
Lunch	Cheeseburgers, TatorTots, Apples, and Milk	Chicken Fajitas, Bell Peppers/Onions, Pineapples, Milk	Mac n Cheese, Broccoli, Pears, and milk	Chicken Alfredo, Peas, Mandarins, and milk	Turkey/Cheddar sandwich, Green beans, Blueberries, and milk
PM Snack	Cheez-Its and milk	Sun chips and Juice	Rice cake and Sunbutter	Blueberry Biscuits and milk	Pudding and Graham crackers
AM Snack	Cereal Bar and milk <sup>8</sup>	Waffles and milk <sup>9</sup>	Cereal and milk <sup>10</sup>	Bagels w/Cream Cheese and milk <sup>11</sup>	Fruit cup and milk <sup>12</sup>
Lunch	Grilled chicken wrap, Mixed veggies, Peaches, and milk	Walking Tacos, Corn, Mandarins, and milk	Cheesy ravioli, Peas, Honeydew, and milk	Teriyaki chicken and rice, Green beans, Pears, and milk	Chicken Nuggets, Roasted carrots, Applesauce, and milk
PM Snack	Chex mix and Juice	Apple slices and Sunbutter	Fruit cup and Juice	Sun chips and milk	Carrot sticks and Milk
AM Snack	Parfait and milk <sup>15</sup>	Muffins and milk <sup>16</sup>	Pancakes and milk <sup>17</sup>	Cereal Bar and fruit <sup>18</sup>	Oatmeal and milk <sup>19</sup>
Lunch	Pizza, Corn, Apple slices, and milk	Barbacoa Tacos, Mixed veggies, Pineapples, and milk	Chicken breast, Roasted potatoes, Peas, and milk	French toast sticks, Hashbrowns, Applesauce, and milk	Spaghetti, Green beans, Peaches, and milk
PM Snack	Rice cake and Sunbutter	Bananas and milk	Blueberry Biscuits and milk	Chex mix and Juice	Pudding and Graham Crackers
AM Snack	Cereal and milk <sup>22</sup>	French Toast sticks and milk <sup>23</sup>	Fruit cup and milk <sup>24</sup>	Waffles and milk <sup>25</sup>	Yogurt and fruit <sup>26</sup>
Lunch	BBQ chicken sliders, Tator tots, Mandarins, and milk	Birria Tacos, Corn, Apple slices, and milk	BLTs, Peas, Clementines, and milk	Chicken noodle soup, Carrots, Pears, and milk	Beefy Mac, Green beans, Peaches, and milk
PM Snack	CheezIts and Milk	Celery sticks and Sunbutter	Sun chips and Juice	Goldfish and milk	Fruit snack and Juice
AM Snack	Bagels w/Cream Cheese and milk <sup>29</sup>	Muffins and fruit <sup>30</sup>			
Lunch	Loaded baked potato, Mixed Veggies, Pineapple, and milk	Burritos, Carrot sticks, Fruit cup, and milk			
PM Snack	White cheddar puff with milk	Rice cake and Sunbutter			

"One cannot think well, love well, sleep well, if one has not dined well." V. Woolf